Guidance of Tetsugakudo · Kamitakada Exercise facility on the use

OBaseball Stadium Favor on the use

▼ Registration **▼**

Registration is necessary so that it is used a baseball field. The registration charges are free.

- *After registration, a person can use **Tetsugakudo Kamitakada Exercise facility**.
- * The double registration of a person registering itself is not possible anymore.
- * There is update every three years.

[Kind of the registration]

The inhabitant (=individual) of Nakano-ku

A person can participate in lottery of the facility

A person is 18 years old or older living in Nakano-ku. (**except for high school student)

The group of inhabitants of Nakano-ku

You can participate in lottery of the facility.

A group to constitute in higher than ten people of residence, working, attendance at school who is higher than a primary schoolchild in Nakano-ku.

When there is a schoolchild, a junior and senior high school student to a member, the representative is a person being 20 years or older with residence, working, attendance at school in Nakano-ku.

The general group 3.

After lottery end, you can propose it when it is not crowded.

A group to constitute in ten or more who is higher than a primary schoolchild

When there is a schoolchild, a junior and high school student to a member, the representative is a person being 20 years or older.

[Things necessary for registration] (*The thing of present address, a full name, date of birth mentioned with the following documents in the expiration date)

The inhabitant (=individual) of Nakano-ku

One either of Opriver's license, driving career certificate, Health insurance card, Basic Resident Register card (with the photograph of the face), • the passport.

The group of inhabitants of Nakano-ku

One either of the following proof documents which can be confirmed an address, a full name and the date of birth of all group of inhabitants of Nakano-ku (= members).

(A) Proof by the residence in Nakano-ku

One either of Opriver's license, Driving career certificate, Health insurance card, Basic Resident Register card (with the photograph of the face), The passport.

(B) Proof by the working in Nakano-ku

• One either of the certificate mentioned above, and an establishment is a working certificate of there being in Nakano-ku

(The thing which, for the style that an office company or our institution published, was sealed a company mark. But with a health insurance card, when we can understand that there is the establishment in Nakano-ku, a working certificate unnecessary.)

(C) Proof by the attendance at school in Nakano-ku

The student who goes to an elementary school, a junior and senior high school, in Nakano-ku from the Nakano-ku outside.

● Either one of The mentioned above (A) + ● Student's handbook or the proof of student registration certificate (if there is a mention of an address, a full name, the date of birth to the student handbook, it is possible to receive only with the student handbook.)

The student who goes to the technical school and the university in Nakano-ku,

Either one of The mentioned above (A) + ● a student identification card or a student registration certificate
 (if there is a mention of an address, a full name, the date of birth on the student identification card, it is possible to receive only with the student identification card.)

3. [A general group]

One of either of Opriver's license, Driving career certificate, Health insurance card,

●Basic Resident Register card (with the photograph of the face), ●The passport (if there is a mention of an address, a full name, the date of birth to a student identification card and a student handbook, it is possible to receive only with the student identification card or a student handbook.)

- The representative (an applicant) take the original of proof documents. Other people do not mind even copying. (when an address is listed in the back side in a health insurance card, a driver's license, the copy of both sides is necessary.)
- * The proof documents that have expired are not available.
- * After confirming the proof documents, we return them except a working certificate and a student registration certificate.
- * Because even a family except the person himself has the acquisition, the resident's card does not accept it as a certificate.
- * The photograph presentation with the digital gadget and the thing which the address including the public utilities charges receipt was listed in do not accept it as a certificate.

▼ Registration window **▼**

◆Tetsugakudo exercise facility office and Kamitakada exercise facility office It is from 9:00 to 17:00 [window time in]

A person come to have necessary proof documents, and come to the registration window mentioned above.

After you fill in a matter necessary for a registration application and having performed the confirmation with proof documents, we publish a member's card.

▼About usage after the registration ▼

Please perform inquiry and a reservation of the space situation, the application for lottery by "Nakano-ku institution reservation system".

You can use the system mentioned above from a PC, a smartphone, a cell-phone, a user terminal.

PC	from 9:00 to 2	22:00 Address	https://yoyaku.nakano-tokyo.jp/stagia/reserve/grb_init
Smartphone	from 9:00 to 2	22:00 Address	https://yoyaku.nakano-tokyo.jp/stagia/reserve/gsm_init
Cell-phone	from 9:00 to	22:00 Address	https://yoyaku.nakano-tokyo.jp/stagia/reserve/gmp_init

A person terminal from 9:00 to 20:00 is set up by Tetsugakudo exercise facility, Kamitakada exercise facility, NakanoZERO, Nogata-kumin hall, NAKANO-Geinou small theater, Nakano gymnasium, Saginomiya gymnasium.

X You can perform inquiry, the cancellation of the space situation for principle 24 hours.

(only as for the PC, the smartphone, the cell-phone)

• The registration of the e-mail address

The registration of the e-mail address is possible from "Nakano-ku institution reservation system".

After a person registering an e-mail address, one can receive a news email--It is crowded and about contents and a lottery result -- from the system.

[The application for lottery]

1. A lottery application ("only as for the group, the inhabitant (=individual) of Nakano-ku")

During a period from 10th to 19th, You can apply to a lottery for one month for former two months.

- * Put Kamitakada, Tetsugakudo together, you can apply as the group is 10 cells, as the individual 2 cells (1 cell two hours).
- * The number of the lottery application and the successful cells is up to four cells a day. (as for the individual 2 cells)

2. A lottery

Drawing lots every month on 20th.

3. The confirmation of the lottery result

You can confirm a lottery result every month from 21st.

When you do not use the cell which you won, you cancel it within three days before a use day, and please file. (the back side refers to "the cancellation of the reservation")

[The reservation of the space institution]

inhabitant (=individual)

<For this month, the next month>

You can reserve the not crowded cell at any time.

<For Two months after next (the Lottery month) >

● A group, the inhabitant (=individual) of Nakano-ku

You can reserve the cell which is not crowded from 21st of the next day every month on a lottery day.

● A general group

You can reserve the cell which is not crowded from 24th every month.

- * Put Kamitakada, Tetsugakudo together, and the group can reserve to 40 cells a month, and the inhabitant (=individual) to 4 cells a month. (but 4 cells a day, including the election by the lottery)
- * You can reserve the cell of the cancellation from 9:00 the next day.

[The procedure of use daily allowance day]

- We confirm whether a representative at the time of the registration or a registration member comes on that day when it is filed at a window before use time. (The original confirmation certificate of one person among a representative or members)
 - When the confirmation of the representative or the member letting you ask the state of reason is not possible, we cannot loan it as person in charge absence.
- Please fill in the writtern oath with of the contents confirmation and then with the name and the phone number of the person who came to the window.
- After you pay a use and lighting rate and we publish the receipt and the use approval writing.

▼ Matters that require attention on using it **▼**

1. About the right or wrong of the use

- ♦ By bad weather and bad condition, It may not be available. After a representative or an applicant tell an institution about the right or wrong of the use, a person tells about a result towards members.
 - About the right or wrong of the use of the start time, the manager side almost determines it two hours before the start time.
- ♦ Including the case that there was a frost on the day of use and it was the day of the rainy weather the day before, even if it was fine weather in the morning on the day of use, and being used there may not be it.
 - In addition, we ask for you a procedure of the use cancellation within three days before when persons cancel the use, after considering the physical condition of the people who are used in low and high temperature, and about an expected temperature.

By early cancellation, the use opportunities of a person left out of the lottery) increase, so please cooperate so that

most use an institution more effectively.

♦ In addition, please obey the instructions of the manager.

2. About the cancellation of the reservation

- ♦ Until three days before the use day, the cancellation of the reservation is possible free.
- ♦ On the day of the use day, the day before and two days before, cancellation is not possible. Because we will have you pay charge, please contact an institution by all means (in the case of lighting time, the payment of the lighting rate does not need it if you can have communication, but when there is not communication, we put charge and lighting rates together, and please pay it.)

3. About return

♦ When a person cancels the use by weather of the day on the way, and there is the remaining time more than one hour, it returns charge for one hour in the latter half. Please bring the receipt and the use approval writing to hand at the time of payment to the office before use time passes between one hour. (as for the lighting rate, it is returned the unit for 30 minutes)

4. Attention in the baseball field use

- (1) Please do not use the baseball field other than sports shoes and spikes. In addition, the spike-walking out of the baseball field is prohibition. Please do not use the metal fitting spikes, ceramic spikes at Tetsugakudo Baseball Stadium. (please use point spikes or up shoes.).
- (2) Please don't be available other than a rubber-ball ball and the softball. (The use of a rigid ball associate, the rigid ball is not possible.
- (3) There is not the rental of tools such as ball and gloves. (there is the free rental of bat service).
- (4) The act to disturb public morals (a loud voice and a queer cry and the noise with musical instruments etc.), to injure an institution including throwings and the batting to the fence, is not accepted. In addition, riding bicycles or motorcycles, accompanying pets, the smoking except the designated place, are prohibition.
- (5) Please finish the maintenance of the ground at end time, and please leave it.
- (6) Being dangerous, the behavior of playing catch and practice swing out of the ground is prohibition.
- (7) Please perform the change in a locker room or a baseball field dugout. Change at a mall, an open space and the bench is prohibition.
- (8) When accidents occur due to play and to hit a ball out of the park, it becomes the user responsibility. Please join the sports accident insurance just in case. In addition, please tell the administration office by all means when it is done injuries during a play.
- (9) When out-of-field ball occurred, please report it to an administration office immediately and identify having damage or not as the search of the ball. In addition, please cope with compensation appropriately when material and human damage occurred because of out-of-field ball, after having clarified the damage situation as for the thing of an administration office and the observer of the police for the first by the protection of the victim.
- (10) There are 2 sides in the baseball field. Because of it, there is the risk of the contact between users in the outfield part, please be careful enough.
- (11) The baseball field is appointed in the wide area evacuation site. We give priority to the acceptance of the refugee of the use on the occasion of an emergency.
- (12) If you play in B side at Tetsugakudo baseball stadium, you can use only bats we rent. (excluding under high school and for softball). Specifically, please refer to the Tetsugakudo administration office.

■ Tetsugakudo exercise facility

165-0024 $\overline{}$ 1-34-28, Matsugaoka, Nakano-ku

TEL: 3951-2515

It is foot 12 minutes from the Seibu Shinjuku Line "Araiyakushimae" station

* You cannot use the parking lot on Saturday and Sunday, a holiday.

■ Kamitakada exercise facility

TEL: 3385-8900

It is foot ten minutes from the Seibu Shinjuku Line "Araiyakushimae" station

▼ Rate and Use time **▼**

[charge] two hours (1 cell)				[an lighting rate] 30min.	
Weekday	1,700 yen	Sat., Sun., Holiday	2,000 yen	900 yen	

[Use time]

	From Apr. to Oct.	Nov.	From Dec.to Feb.	Mar.	
Morning	Tetsugakudo 6:00 to 8:00 Kamitakada 7:00 to 9:00	-	_	From 7:00 to 9:00	
Daytime	From 9:00 to 11:00	From 8	:00 to 10:00	From 9:00 to 11:00	
	From 11:00 to 13:00	From 10):00 to 12:00	From 11:00 to 13:00	
	From 13:00 to 15:00	From 12	2:00 to 14:00	From 13:00 to 15:00	
	From 15:00 to 17:00	From 14:00 to 16:00		From 15:00 to 17:00	
Night-time	From 17:00 to 19	:00	_	_	
	From 19:00 to 21	:00	_	_	

- **X** On every Wednesday (is excluded on a holiday) for from April to October and March from 15:00 to 17:00, from November to February from 14:00 to 16:00, there is not the reservation of the use, because it is free of charge opening time of elementary school student and junior high student.
- As for the rate lighting time, we have an lighting rate as 1 unit other than charge by night in 30 minutes. Because of changing it by a season, the lighting time interval Zone please refer to the following list.

	From 17:00 to	19:00	Lighting time	From 19:00 to 21:00	Lighting time
April	Weekday	3,500 yen	One hour		
	Sat.,Sun, Holiday 3,800 year		One nour	A vyo alvday	
May,Jun.,Jul.	A weekday	2,600 yen	30 min.	A weekday 5,300 yen	Two hours
	Sat.,Sun.,Holiday	2,900 yen	50 IIIII.	5,500 yen	
August	A weekday	3,500 yen	One hour		
	Sat.,Sun., Holiday	3,800 yen			
September	A weekday	4,400 yen	One hour and	Sat.,Sun.,Holiday 5,600 yen	
	Sat.,Sun., Holiday	4,700 yen	30 min.		
Oct., Nov.	A weekday 5,300 yen		Two hours		
	Sat.,Sun.,Holiday	5,600 yen	1 wo nours		

▼ Closure day ▼

Tetsugakudo exercise facility: Thursday first in September **Kamitakada exercise facility:** Thursday third in May

Common throughout both exercise **facility:** Year-end and beginning of the year

from December 29 to January 3

* Because we do not take a window on a closure day, please approve it beforehand.

Let's follow a manner so that a player uses it comfortably each other.

NTS Japan physical education institution group